**5-7 Minute Testimony**

**Keys to writing your testimony:**

The most effective testimonies are simply stories about how Christ has changed your life. Essentially, they contain three main components... (spend no more than 2 minutes on each section).

**1. Before:** What is your before story?

**2. Jesus:** How did Christ meet you there?

**3. After:** How did Christ change you?

**Good Practices:**

**1.** Be specific.

**2.** Put the emphasis on JESUS.

**3.** Use clear and easy language to understand.

**Principles:**

**1.** A testimony is not about you; it is about God and how He has worked in your life.

**2.** A well prepared testimony always focuses in on the person of Jesus Christ and who He is and who He is to you.

**3.** A well written testimony leaves the hearer asking, “how can I know God more?”.

A poorly written testimony leaves the hearer saying, “you are a really neat person” or “I wish I were more like you.”

**Testimony Outline:**

**Your life before you knew Jesus or your dark season:**

**a.** What were your attitudes, needs, or problems? Highlight one specifically (i.e., anger, lust, pride, loneliness, self-esteem, etc.).

**b.** What did your life revolve around?

**The Main Event:** How you came to know Jesus.

**a.** When did you first hear about Jesus and believed in Him?

**b.** Where were you in life? Were you ready to listen? How did you know you needed Jesus?

**Your life now:** What difference has Jesus made in your life?

**a.** Go back to the problem you identified in the first question. How has your relationship with Christ helped you to deal with that issue?

**b.** How have your attitudes changed?

**c.** What is your outlook for the future?

Please either write or type your testimony on a separate document or use the outline as a guide and send to [thewell@lighthousehome.org](mailto:thewell@lighthousehome.org)